THE UN-COOKBOOK

OF

OUR FINAL FREEZER

SCRAMBLED EGGS (BRITISH STYLE)

AMERICAN STYLE EGGS = COOK AT A HIGH HEAT, RESULTS IN LARGE FOLDS OF EGGS WITH STRUCTURE

FRENCH STYLE EGGS = COOK AT A LOW HEAT, RESULTS IN VELVETY EGGS WITH LOOSE STRUCTURE

BRITISH STYLE EGGS = COOK AT A MEDIUM HEAT, RESULTS IN SMALL CLUMPS OF EGGS WITH SOME STRUCTURE

WE DO IT BRITISH STYLE.

EQUIPMENT YOU'LL NEED

- SMALL NON-STICK FRYING PAN
- RUBBER SPATULA
- KITCHEN SCISSORS



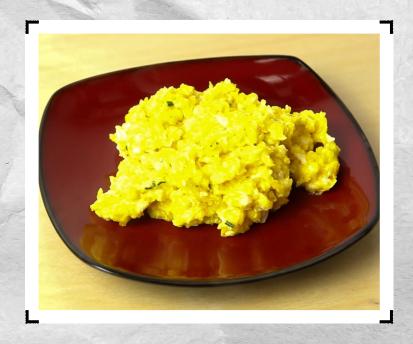


YIELD

YIELDS 3 SCRAMBLED EGGS.

INGREDIENTS YOU'LL NEED

- 3 EGGS
- ___ BUTTER OR BUTTER SUBSTITUTE
- ___ SALT
- PEPPER
- ___ CHIVES



WHAT YOU'LL NEED TO DO

TURN THE BURNER TO MEDIUM.

ADD BUTTER TO THE PAN. CUT
CHIVES INTO THE PAN. ADD SALT
AND PEPPER. MELT THE BUTTER.

WHEN THE BUTTER IS BUBBLING,
ADD THE EGGS. IF YOU WANT
SMOOTHER EGGS, MIX THE EGGS IN
A BOWL UNTIL SMOOTH BEFORE YOU
ADD THEM TO THE PAN.

MIX THE EGGS TOGETHER. KEEP THE EGGS MOVING AROUND THE PAN TO AVOID OVERCOOKING. PULL THE PAN OFF THE BURNER WHENEVER THE EGGS ARE COOKING TOO QUICKLY, BUT KEEP STIRRING THE EGGS.

WHEN THE EGGS HAVE SMALL CURDS

AND ARE STILL CREAMY, REMOVE

THEM FROM THE BURNER AND SERVE.



NOT DONE .

STILL NOT DONE.





DONE .